100 Motivational Quotes - Sports

1. Winners never quit and quitters never win. - *Vince Lombardi*
2. Most ball games are lost, not won. - *Casey Stengel*
3. Today, you have 100% of your life left. - *Tom Landry*
4. A winner never whines. - *Paul Brown*
5. Champions keep playing until they get it right. ~ *Billie Jean King*
6. Inches make a champion. - *Vince Lombardi*
7. You have to expect things of yourself before you can do them. - *Michael Jordan, John Wooden*
8. Mental toughness is to physical as four is to one. *Bobby Knight*
9. You might not be able to outthink, outmarket or outspend your competition, but you can outwork them - *Lou Holtz*
10. Believe me, the reward is not so great without the struggle. ~ *Wilma Rudolph*
11. Nobody who ever gave his best regretted it. - *George Halas*
12. You're never a loser until you quit trying. - *Mike Ditka*
13. You can't win them all. - *Connie Mack*
14. Being a professional is doing the things you love to do, on the days you don't feel like doing them. - *Julius Erving*
15. Confidence is contagious. So is lack of confidence. - *Vince Lombardi*
16. Do your best, one shot at a time, and then move on. ~ *Nancy Lopez*
17. Don't go to the grave with life unused. - *Bobby Bowden*
18. Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it. - *Michael Jordan*
19. When you win, say nothing. When you lose, say less. - *Paul Brown*
20. Do right. Do your best. Treat others as you want to be treated. - *Lou Holtz*
21. Build up your weaknesses until they become your strong points. - *Knute Rockne*
22. Shouda, coulda, and woulda won't get it done. - *Pat Riley*
23. I decided I can't pay a person to rewind time, so I may as well get over it. ~ *Serena Williams*
24. Once you learn to quit, it becomes a habit. - *Vince Lombardi*
25. One thing I never want to be accused of is not working. - *Don Shula*
26. Success isn't permanent and failure isn't fatal. - *Mike Ditka*
29. You never stay the same. You either get better or you get worse. - Jon Gruden

30. While statistics are interesting, they're all in the past.  
   Vince Lombardi

31. If things came easy, then everybody would be great at what they did, let's face it. - Mike Ditka

32. Don't let what you cannot do interfere with what you can do. - John Wooden

33. If you don't love what you do, you won't do it with much conviction or passion. ~ Mia Hamm

34. You're born with two strikes against you, so don't take a third one on your own. - Connie Mack

35. If you don't think you're a winner, you don't belong here. - Vince Lombardi

36. Leisure time is that five or six hours when you sleep at night. - George Allen

37. Win any way as long as you can get away with it. Nice guys finish last. - Leo Durocher

38. Excellence is the gradual result of always striving to do better. - Pat Riley

39. An acre of performance is worth a whole world of promise. - Red Auerbach

40. The will to win is meaningless without the will to prepare! - Joe Gibbs

41. I talk to our players about life and situations and doing the right thing all the time. - Tony Dungy

42. Leaders aren't born, they are made. And they are made just like anything else, through hard work. And that's the price we'll have to pay to achieve that goal, or any goal. - Vince Lombardi

43. Football is a game played with arms, legs and shoulders but mostly from the neck up. - Knute Rockne

44. There are only two options regarding commitment. You're either IN or you're OUT. There is no such thing as life in-between. - Pat Riley

45. I think you've got to pay the price for anything that's worthwhile, and success is paying the price. You've got to pay the price to win, you've got to pay the price to stay on top, and you 've got to pay the price to get there. - Vince Lombardi

46. You can learn a line from a win and a book from a defeat. - Paul Brown

47. I've failed over and over and over again in my life and that is why I succeed. - Michael Jordan

48. I’ve never known anyone to achieve anything without overcoming adversity. - Lou Holtz

49. Individual commitment to a group effort -- that is what makes a team work a company work, a society work, a civilization work. - Vince Lombardi
50. Leadership is getting someone to do what they don't want to do, to achieve what they want to achieve. - *Tom Landry*

51. I don't think you're ever there. You never arrive, but if you do, you might as well quit because you're already there. Can't get any better. And as players, if you ever have that moment -- you should never have that moment. You're always trying to get better. – *Tiger Woods*

52. The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will. - *Vince Lombardi*

53. You think the greatest thing in the whole world would be to become a baseball player - if best things already happened, what's next? - *John McGraw*

54. What's the worst thing that can happen to a quarterback? He loses his confidence. - *Terry Bradshaw*

55. Football is like life -- it requires perseverance, self-denial, hard work, sacrifice, dedication and respect for authority. - *Vince Lombardi*

56. Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability. - *John Wooden*

57. There are three things important to every man in this locker room. His God, his family, and the Green Bay Packers. In that order. - *Vince Lombardi*

58. Most people have the will to win, few have the will to prepare to win. - *Bobby Knight*

59. Things turn out best for the people who make the best of the way things turn out. - *John Wooden*

60. It's not whether you get knocked down, it's whether you get up. - *Vince Lombardi*

61. When you have a father and a mother who work all their lives so you can have an education and build your body -- it's a blessing. - *Lou Gehrig*

62. What is defeat? Nothing but education, nothing but the first step to getting better. - *Vince Lombardi*

63. Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it. - *Lou Holtz*

64. If you aren't fired with enthusiasm, you will be fired with enthusiasm. - *Vince Lombardi*

65. Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe. ~ *Gail Devers*

66. Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what other think you are. - *John Wooden*

67. The answer is surprisingly simple. Just do right. Live an honorable life. - *Lou Holtz*

68. The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will. - *Vince Lombardi*
69. Show me someone who has done something worthwhile, and I'll show you someone who has overcome adversity. - Lou Holtz

70. I don't know any other way to lead but by example. - Don Shula

71. The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor. - Vince Lombardi

72. Adversity is another way to measure the greatness of individuals. I never had a crisis that didn't make me stronger. - Lou Holtz

73. I am building a fire, and everyday I train, I add more fuel. At just the right moment, I light the match. - Mia Hamm

74. All right Mister, let me tell you what winning means... you're willing to go longer, work harder, give more than anyone else. - Vince Lombardi

75. The man who complains about the way the ball bounces is likely the one who dropped it. - Lou Holtz

76. It is better to look ahead and prepare than to look back and regret. - Jackie Joyner-Kersee

77. In our day, when a pitcher got into trouble in a game, instead of taking him out, our manager would leave him in and tell him to pitch his way out of it. - Cy Young

78. The more difficult the victory, the greater the happiness in winning. - Pele

79. We don't pray to win. We pray to play the best we can, and to keep us free from injury. And the prayer we say after the game is one of thanksgiving. - Vince Lombardi

80. If you don't demand that your people maintain. High performances to remain on your team, Why should they be proud of the association? - Lou Holtz

81. The harder you work, the harder it is to surrender. - Vince Lombardi

82. One of the most difficult things everyone has to learn is that for your entire life you must keep fighting and adjusting if you hope to survive. No matter who you are or what your position is you must keep fighting for whatever it is you desire to achieve. - George Allen

83. Never quit. It is the easiest cop-out in the world. Set a goal and don't quit until you attain it. When you do attain it, set another goal, and don't quit until you reach it. Never quit. - Bear Bryant

84. Get in front of the ball, you won't get hurt. That's what you've got a chest for, young man. - John McGraw

85. Somewhere behind the athlete you've become and the hours of practice and the coaches who have pushed you is a little girl who fell in love with the game and never looked back... play for her. - Mia Hamm

86. If I were playing third base and my mother were rounding third with the run that was going to beat us, I'd trip her. Oh, I'd pick her up and brush her off and say, 'Sorry, Mom,' but nobody beats me. - Leo Durocher

87. If you're not nervous, it means you don't care. – Tiger Woods
88. People of medicore ability sometimes achieve outstanding success because they don't know when to quit. Most men succeed because they are determined to. - George Allen

89. I won't accept anything less than the best a player's capable of doing... and he has the right to expect the best that I can do for him and the team! - Lou Holtz

90. If you give me anything less than your best, you're not only cheating yourself. your coaches, your teammates, everybody in Green Bay, and everything pro football stands for. You're also cheating the Maker who gave you the talent. - Vince Lombardi

91. It is not the size of a man but the size of his heart that matters. - Evander Holyfield

92. Every great batter works on the theory that the pitcher is more afraid of him than he is of the pitcher. - Ty Cobb

93. The good lord gave you a body that can stand most anything. It's your mind you have to convince. - Vince Lombardi

94. I think everyone should experience defeat at least once during their career. You learn a lot from it. - Lou Holtz

95. The man who has no imagination has no wings. - Muhammad, Ali

96. The spirit, the will to win, and the will to excel are the things that endure. These qualities are so much more important than the events that occur. - Vince Lombardi

97. Enjoy your life, the precious moments you have. - Jim Valvano

98. Some of us will do our jobs well and some will not, but we will all be judged by only one thing: the result. - Vince Lombardi

99. Without self-discipline, success is impossible, period. - Lou Holtz

100. The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand. - Vince Lombardi